

The Wave Riders

Bi-Polar Phenomenon The Gift & Manual

You are about to meet a whole new you!



Here are some of the comments that we have been hearing!

- "Thank you for saving my life."
- "I use the steps in the book and teach it to all my students."
- "I have found the joy that was always in my life."
- "This is the best book I have read in years, so easy to follow!"
- "The moment I received it...I could not put it down."
- "I bought one for my friend because he will not give my copy back."
- "I did not realize that so many of us are Bi-polar - just in varying levels."
- "Proud to be a Wave Rider is a long way from being depressed."

You do not have to suffer through seemingly endless emotional pain; depression is the result of evolution and stress. When you know what is causing the cycle of ups and downs in your life, you no longer give your days over to depression. Depression becomes powerless over you, and you in turn are empowered. Everyone can improve their lives dramatically by practising the steps found in The Wave Riders book.

The book is subtitled, " The Gift and Manual" because, we acknowledge that to be a Wave Rider means that you have also been given the gift of intelligence and/or creativity beyond the normal level. The problems arise because you have not been instructed on how to use your gift without suffering. The Wave Riders book will teach you practical steps to unleash your gift and create a better life. Learn how your brain may be ruling your world and how you may need to fool it to achieve your dreams!

Indigo Irwin Kennedy (Author of The Wave Riders Book)

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<http://www.TheWaveRiders.com>